

## Lisa Ellis, LAc 2161 NE Broadway St. Portland, OR 97232 (503) 331-1800

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Legal name:	
Preferred name (if different):	
Birth date: Sex/Gender: M F FTM N	MTF I
Address:	
Phone:	
Email address:	May we contact you by email? Y N
Emergency contact:	
Phone number for emergency contact:	
Are you: Married Single Partnered Divorced Other:	
Insurance Information	
Will we be billing insurance for you? Y N	e your card ready to give us.
Fill out the following if you've had a work or auto accident:	
Have you been in an auto or work accident? auto accident	work accident
If so: Who is your auto insurance carrier?	ID #
Group#Plan:	
Insurance company address:	
Submit to (claim adjuster):	
Relationship to insured: Self Spouse Child Other	
If not self, insured's name:	
Insured's address:	
Insured's phone: I	nsured's legal gender: F M

## Personal Health History

Please circle for CURRENT issues, and underline for PAST issues

Please star\* those that you have been diagnosed with, but are not confident in the diagnosis.

Do you have a history of diagnosis with any of the following illnesses?

	1	1	
Cardiac (Heart) High Blood Pressure (Hypertension) Heart Attack Stroke Angina Congestive Heart Failure Mitral Valve Prolapse Mitral Stenosis Atherosclerosis Other:	Respiratory (Lung) Allergies Sinus Congestion Sinusitis Cough Lung Collapse Lung Enlargement Ascites COPD Other:	Digestive Heartburn Loose stool Constipation IBS Ulcerative Colitis Crohn's Disease Blood in stool Other:	Immune/Autoimmune Multiple Sclerosis Grave's Disease Lupus Rheumatoid Arthritis Addison's Disease Cancer Childhood Onset Diabetes Adult Onset Diabetes Hashimoto's Thyroiditis Meniere's Disease
Hepatic (Liver) Cirrhosis Hepatitis A Hepatitis B/C Other Hepatitis Alcoholism Fatty Liver Disease Gallstones/Sludge Other:	Skin/Hair Acne Dryness Eczema Psoriasis Dermatitis Rash Hives Tinnea Athlete's Foot Alopecia Other:	Mental/Emotional Anxiety Depression Insomnia PTSD OCD Addiction Bipolar Schizophrenia Other:	Narcolepsy Reynaud's HIV/AIDS Other:

Renal (Kidney)	Reproductive System	Reproductive System	
UTI	Male Born:	<u>Female Born:</u>	
Bladder or Kidney Infection	Erectile Dysfunction	Breast tenderness or swelling	
Daytime Frequent Urination	Balanitis	Fibrocystic breast tissue	
Nighttime Frequent Urination	Prostatitis	PMS	
Kidney Stones	Prostate Cancer	Menstrual cramping	
Cystic Kidney Disease	Testicular Inflammation	Endometriosis	
Blood in Urine	Other:	Ovarian Cysts	
Interstitial Cystitis		Polycystic Ovarian Syndrome	
Other:		(PCOS)	
		Uterine Fibroids	
	<u>Ears</u>	Menopausal Syndrome	
	Ear Infection	Vaginal Atrophy	
<u>Eyes</u>	Hearing Loss	Other:	
Blurry Vision	Deafness (full or partial)		
Floaters	Tinnitus		
Near-sightedness	Other:		
Far-sightedness		<u>Throat</u>	
Cataracts		Tonsillitus	
Glaucoma		Tonsil Stones	
Macular Degeneration	<u>Head</u>	Dryness	
Other:	Headache	Post Nasal Drip	
	Migraines	Hoarseness	
	Dizziness	Other:	
	Other:		

Please list all allergies:	Please list all hospitalizations & surgeries:

What health concerns have brought you here?
What do you normally eat?
Breakfast:
Lunch:
Dinner:
Snacks:
Beverages:
Cravings:
What is your occupation? Do you enjoy your work?
What sort of exercise do you do?
Do you have a religious or spiritual ritual?
What are your hobbies & interests?
What else would you like us to know?
Familial Health History
- d
Maternal health history (cancer, diabetes, stroke, etc):
Paternal health history:
Sibling health history:
Spouse, partner health history (infectious disease, cancer, etc):

Do you have biological children? Y N If yes, how many?				
Is there anything else about your family, that may be relevant to your health that you think we				
should know?:				
Please note that none of your, or your family's health history will be shared unless in the case of immediate physical harm present to you or your family (child abuse, geriatric abuse, assault, etc).				
Thank you! We will talk more during our appointment!				